Megan Flynn, MD

WORK HISTORY American Hip Institute

Sports Medicine Orthopaedic Surgeon

12/2023 - Present

MedSchoolCoach International

Des Plaines, IL

Chicago, IL

Student and Resident Master Advisor

01/2023 - Present

Student and Resident Senior Advisor

11/2021 - 01/2023

Rise Nation – Versaclimber Fitness Studio

Founder, General Manager, and Lead Instructor Chicago, IL

09/2021 - Present

Lead Instructor Cleveland, OH

07/2017 - 07/2019

DuPage Medical Group // DULY Health and Care

Sports Medicine Orthopaedic Surgeon

10/2020 - 04/2022

POST GRADUATE American Sports Medicine Institute Birmingham, AL

Orthopaedic Surgery Sports Medicine Fellow, 08/2019 – 07/2020

Cleveland Clinic Foundation Cleveland, OH

Orthopaedic Surgery Resident, 07/2014 – 06/2019

Columbia New York Presbyterian Hospital New York, NY

General Surgery Preliminary Internship, 06/2013-06/2014

EDUCATION Georgetown University School of Medicine Washington, DC

Medical Doctor, 05/2013

University of Notre Dame Notre Dame, IN

Bachelor of Science in PreProfessional Studies and Anthropology, 05/2009

University of Western Australia Perth, Australia

International study abroad program, 07/2007 - 12/2007

PROFESSIONAL American Orthopaedic Society for Sports Medicine Member 2019 - Present

> American Association of Orthopaedic Surgeons Member 2014 - Present Ohio Orthopaedic Society Resident Committee Member 2016 - 2019 AAOS Resident Assembly Health Policy Committee Member 2016-2017

Guest Speaker for Walter Payton High School, 2023 **HONORS**

Sarah E. Stewart Leadership Award, GUSoM, 2013

String of Pearls Acting Intern of the Year Award, GUSoM, 2012-2013

READ Poster spokesperson Dahlgren Memorial Library, GUSoM, 2012-2013

Dean's List Notre Dame Fall 2005, Spring 2006, Spring 2008, Fall 2009, Spring 2009

Indiana High School State Champion in the 800m Run, medalist in 1600, 4x800, and 4x400

TEAM COVERAGE Samford University Assistant Team Physician 08/2019 – 07/2020

Vestavia Hills High School Assistant Team Physician 08/2019 – 07/2020

Birmingham Baron's Professional Baseball Asst. Team Physician 08/2019 – 07/20

Birmingham Ballet Assistant Team Physician 08/2019 – 07/2020 Lakewood High School Team Physician 08/2017 – 06/2019

Ohio High School Athletic Association Hockey Coverage 12/2015 – 06/2019

Medina High School Team Physician 08/2016-07/2017 Cloverleaf High School Team Physician 08/2015-07/2016

EXPERIENCE DULY Health & Care Women Athlete Committee Member 2020-2022

Coaching for Institutions: Bringing Health to Medicine

Cleveland Clinic Orthopaedic Residency Selection Committee Member 2015-2018

Hoya Clinic *Volunteer*, GUSoM 2009-2013 02/2021-05/2021 Medical Note Taking Service *Writer*, GUSoM 2009-2011

Family Medicine Interest Group Immunization Coordinator, GUSoM 2010-2011

Hospital Medical Education Program Participant, Indiana University School of Medicine 2010

Timmy Foundation Founding Vice President, University of Notre Dame 2008-2009

Department of Public Affairs and Communications Student Worker Notre Dame 2006-2009

LEADERSHIP Cleveland Clinic Orthopaedics Journal Club *Coordinator*, 2017-2019

Committee on Students Student Member, GUSoM 2012-2013

Class of 2013 *Vice President*, GUSoM 2011-2013 String of Pearls *Chairperson*, GUSoM 2011-2012 Class of 2013 *Secretary*, GUSoM 2010-2011

Golden Apple Committee Chairperson, GUSoM 2010-2011

Follies Director, GUSoM 2011

IronMED Triathlon *Committee Member*, GUSoM 2010-2011 Beautification *Committee Member*, GUSoM 2009-2010

Notre Dame Class of 2009 Secretary, University of Notre Dame 2009-present

GRANT SUPPORT JBJS Journal Club Grant

• Active from 2017-2018

PUBLICATIONS

Peer-Reviewed Publications

- Flynn ME, Beason DP, Bartush KC, Ryan MK, Emblom BA. Endoscopic Gluteus Medius Repair Replicates Open, Knotless Repair With Similar Cyclic Loading Properties: A Cadaveric Study.<https://pubmed.ncbi.nlm.nih.gov/35494267/> Arthrosc Sports Med Rehabil. 2022 Jan 21;4(2):e617-e622. doi: 10.1016/j.asmr.2021.12.002. eCollection 2022 Apr. PMID: 35494267
- 2. Ramkumar P, Navarro S, Haeberle H, Chughtai M, **Flynn M**, Mont M. Social Media and Total Joint Arthroplasty: An Analysis of Patient Utilization on Instagram. *J Arthroplasty*. 2017 April 6. PMID 28456560.

Books & Book Chapters

1. Schickendantz M, **Flynn M**. Chapter 20: Acromioclavicular joint injuries and baseball players. For Ahmad 1st Edition *Baseball Sports Medicine*. Wolters Kluwer. 2017.

Audio Publications

- 1. Flynn, M. Invited Guest Contributor. "How One Very Determined Doctor Helped Rise Nation Expand to Chicago". #WeGotGoals ASweatLife Podcast. 2022 Aug 17. https://asweatlife.com/2022/08/wegotgoals-280-rise-nation/
- 2. Flynn, M. Invited Guest Contributor. "#7. Megan Flynn". GiveAWay of Life Podcast. 2020 May 4. https://open.spotify.com/episode/2YjA2z4fWB6AdscEivlvHS?si=7b9dff3e86b6489c

Abstracts and/or Proceedings

- 1. **Flynn M**, Cain E. Outcomes of Biceps Tenodesis versus SLAP Repair in High School and College Softball Players. In process.
- 2. **Flynn M,** Egger A, Spindler K. Outcomes of Meniscus Surgery In 23-39-Year Old Patients with Ligamentously Stable Knees. Completed, to be submitted to AJSM.

- 3. Egger A. **Flynn M.** Spindler K. Outcomes of Meniscal Surgery in Ligamentously Stable Knees in High School and College Athletes. Completed, to be submitted to Arthroscopy.
- 4. Entezari V, **Flynn M**, Schickendantz M. Medial Ulnar Collateral Ligament Reconstruction. JBJS Essential Surgical Techniques Subspecialty Procedure Video. JBJS Online. Submission pending video editing.

PRESENTATIONS

- 1. Injuries in Baseball Course 2020. Course Faculty and Presenter. January 24-26, 2020.
- 2. AOSSM Annual Meeting 2020. What are the Risk Factors for Worse Outcomes of Meniscus Surgery in 23-39 year-old Patients with Ligamentously Stable Knees? Accepted. Not presented due to Covid-19.

ACTIVITIES

Orthopedics Interest Group, Oncology Interest Group, Women in Medicine IronMED Triathlon champion - Individual Female Triathlete (2011), Team Triathlete (2012) St. Baldrick's Day committee member 2009-2012 First-Look-Day committee member 2009-2012 Class of 2013 powderpuff football and co-ed soccer captain Intramural co-ed football champion 2009, 2010; Intramural soccer and volleyball participant Completed Pittsburgh marathon in May 2010 and qualified for Boston marathon NCAA Varsity Track and Cross-Country Athlete Notre Dame, Fall 2005